# **Body Tissue Types**

### • Epithelial

--Covers body surfaces and lines hollow organs, body cavities, duct, and forms glands

### Connective

--Protects, supports, and binds organs

--Stores energy as fat, provides immunity

### • Muscular

--Generates the physical force needed to make body structures move and generate body heat

### • Nervous

--Detect changes in body and responds by generating nerve impulses



Epithelial tissue



Connective tissue



Muscle tissue



Nervous tissue

# **Development of Tissues**

• Tissues of the body develop from three primary germ layers:

## Ectoderm, Endoderm, and Mesoderm

- --Epithelial tissues develop from all three germ layers
- --All connective tissue and most muscle tissues drive from **mesoderm**
- --Nervous tissue develops from ectoderm

# **Epithelial Tissues**

- Epithelial tissue consists of cells arranged in continuous sheets, in either single or multiple layers
  - --Closely packed and held tightly together
  - --Covering and lining of the body
  - --Free surface
- 3 major functions:
  - --Selective barrier that regulates the movement of materials in and out of the body
  - --Secretory surfaces that release products onto the free surface
  - --Protective surfaces against the environment <sup>3</sup>

# **Epithelial Tissues**



Blood vessel

Nerve

# **Types of Epithelium**

## • Covering and lining epithelium

- epidermis of skin
- lining of blood vessels and ducts
- lining respiratory, reproductive, urinary & GI tract

## • Glandular epithelium

- secreting portion of glands
- thyroid, adrenal, and sweat glands

# **Classification of Epithelium**

## • Classified by <u>arrangement</u> of cells into layers

--simple = one cell layer thick

--stratified = many cell layers thick

--**pseudostratified** = single layer of cells where all cells don't reach apical surface

≻nuclei at found at different levels so it looks multilayered

## • Classified by <u>shape</u> of surface cells

--squamous =flat

- --cuboidal = cube-shaped
- --columnar = tall column
- --transitional = shape varies with tissue stretching

6

# **Classification of Epithelium**



Cell shape

Squamous

Cuboidal

Columnar

Epithelial Tissues: Covering and Lining Epithelia

#### SIMPLE EPITHELIUM

### lines blood vessels (endothelium)

A. Simple squamous epithelium

Description: Single layer of flat cells; centrally located nucleus.

Location: Lines heart, blood vessels, lymphatic vessels, air sacs of lungs, glomerular (Bowman's) capsule of kidneys, and inner surface of the tympanic membrane (eardrum); forms epithelial layer of serous membranes, such as the peritoneum, pericardium, and pleura. body cavities (mesothelium)

Function: Filtration, diffusion, osmosis, and secretion in serous membranes.



Simple squamous epithelium

#### Epithelial Tissues: Covering and Lining Epithelia

#### SIMPLE EPITHELIUM

B. Simple cuboidal epithelium

Description: Single layer of cube-shaped cells; centrally located nucleus.

*Location:* Covers surface of ovary, lines anterior surface of capsule of the lens of the eye, forms the pigmented epithelium at the posterior surface of the eye, lines kidney tubules and smaller ducts of many glands, and makes up the secreting portion of some glands such as the thyroid gland and the ducts of some glands such as the pancreas.

Function: Secretion and absorption.



#### C. Nonciliated simple columnar epithelium

Description: Single layer of nonciliated column-like cells with nuclei near base of cells; contains goblet cells and cells with microvilli in some locations.

Location: Lines the gastrointestinal tract (from the stomach to the anus), ducts of many glands, and gallbladder. Function: Secretion and absorption.



>Unicellular glands = goblet cells secrete mucus

-lubricate GI, respiratory, reproductive and urinary systems
 Microvilli = fingerlike cytoplasmic projections
 -for absorption in GI tract (stomach to anus)



*Description:* Single layer of ciliated column-like cells with nuclei near base; contains goblet cells in some locations. *Location:* Lines some bronchioles (small tubes) of respiratory tract, uterine (fallopian) tubes, uterus, efferent ducts of the testes, some paranasal sinuses, central canal of spinal cord, and ventricles of the brain.

Function: Moves mucus and other substances by ciliary action.



Mucus from goblet cells moved along by cilia
--found in respiratory system and uterine tubes

#### E. Pseudostratified columnar epithelium

**Description:** Not a true stratified tissue; nuclei of cells are at different levels; all cells are attached to basement membrane, but not all reach the apical surface.

Location: Pseudostratified ciliated columnar epithelium lines the airways of most of upper respiratory tract; pseudostratified nonciliated columnar epithelium lines larger ducts of many glands, epididymis, and part of male urethra.

Function: Secretion and movement of mucus by ciliary action.



Appears to have several layers due to nuclei are various depths
 All cells are attached to the basement membrane in a single layer but some do not extend to the apical surface
 Ciliated cells secrete mucus and bear cilia

►<u>Nonciliated cells</u> lack cilia and goblet cells

#### Epithelial Tissues: Covering and Lining Epithelia

#### STRATIFIED EPITHELIUM

F. Stratified squamous epithelium Description: Several layers of cells; cuboidal to columnar shape in deep layers; squamous cells form the apical layer and several layers deep to it; cells from the basal layer replace surface cells as they are lost.

*Location:* Keratinized variety forms superficial layer of skin; nonkeratinized variety lines wet surfaces, such as lining of the mouth, esophagus, part of larynx, part of pharynx, and vagina, and covers the tongue. *Function:* Protection.



Keratinized = surface cells dead and filled with keratin

 -skin (epidermis)

 Nonkeratinized = no keratin in moist living cells at surface

 -mouth, vagina, esophagus, covers the tongue

G. Stratified cuboidal epithelium *Description:* Two or more layers of cells in which the cells in the apical layer are cube-shaped. *Location:* Ducts of adult sweat glands and esophageal glands and part of male urethra. *Function:* Protection and limited secretion and absorption.



#### of the duct of an esophageal gland

## MultilayeredSurface cells cuboidal

--rare (only found in sweat gland ducts & male urethra)

#### H. Stratified columnar epithelium

Description: Several layers of irregularly shaped cells; only the apical layer has columnar cells. Location: Lines part of urethra, large excretory ducts of some glands, such as esophageal glands, small areas in anal mucous membrane, and part of the conjunctiva of the eye.

Function: Protection and secretion.

epithelium of the duct of an esophageal gland

Esophagus





Stratified columnar epithelium

≻Also very uncommon Columnar cells in apical layer only Basal layers has shorten, irregular shaped cells --rare (very large ducts & part of male urethra)

### I. Transitional epithelium *Description:* Appearance is variable (transitional); shape of cells in apical layer ranges from squamous (when stretched) to cuboidal (when relaxed).

Location: Lines urinary bladder and portions of ureters and urethra.

Function: Permits distension.



Sectional view of transitional epithelium of urinary bladder in relaxed state

Found only in the urinary system (urinary bladder)
In relaxed state, cells appear <u>cuboidal</u>
Upon stretching, cells become flattened and appear <u>squamous</u>
Ideal for hollow structure subjected to expansion

# **Glandular Epithelium**

• Derived from epithelial cells that sank below the surface during development

## • Exocrine glands

- cells that secrete---sweat, ear wax, saliva, digestive enzymes onto free surface of epithelial layer
- connected to the surface by tubes (ducts)
- unicellular glands or multicellular glands

## • Endocrine glands

- secrete hormones into the bloodstream
- hormones help maintain homeostasis

#### Epithelial Tissue: Glandular Epithelium

#### A. Endocrine glands

Description: Secretory products (hormones) diffuse into blood after passing through interstitial fluid.

*Location:* Examples include pituitary gland at base of brain, pineal gland in brain, thyroid and parathyroid glands near larynx (voice box), adrenal glands superior to kidneys, pancreas near stomach, ovaries in pelvic cavity, testes in scrotum, and thymus in thoracic cavity.

Function: Produce hormones that regulate various body activities.



### **>**Endocrine glands

--secrete hormones into the bloodstream

--hormones help maintain homeostasis

#### **B. Exocrine glands**

Description: Secretory products released into ducts.

Location: Sweat, oil, and earwax glands of the skin; digestive glands such as salivary glands, which secrete into mouth cavity, and pancreas, which secretes into the small intestine.

Function: Produce substances such as sweat, oil, earwax, saliva, or digestive enzymes.



### **>**Exocrine glands

- --cells that secrete---sweat, ear wax, saliva, digestive enzymes onto free surface of epithelial layer
  --connected to the surface by tubes (ducts)
- --<u>unicellular</u> glands (goblet cells) or <u>multicellular</u> glands

## **Structural Classification of Exocrine Glands**

### **Multicellular Glands**



Compound tubular

Compound acinar

Compound tubuloacinar

## **Functional Classification of Exocrine Glands**

- Merocrine -- most glands
  - cells release their products by exocytosis---saliva, digestive enzymes & sweat

## • Apocrine

- smelly sweat & milk
- upper part of cell possibly pinches off & dies
- Holocrine -- oil gland
  - whole cells die & rupture to release their products



# **Connective Tissues**

- Most abundant and widely distributed tissues in the body
- Numerous functions
  - Binds tissues together
  - Supports and strengthen tissue
  - Protects and insulates internal organs
  - Compartmentalize and transport
  - Energy reserves and immune responses

Connective tissue is <u>highly vascular</u>

Supplied with <u>nerves</u>

--Exception is cartilage and tendon. Both have little or no blood supply and no nerves



## Cells + Extracellular matrix (fibers + ground substance)

23

# Classification of Connective Tissues

## • Embryonic connective tissue

--Mesenchyme and mucous connective tissue

• Mature connective tissue

### --Loose connective tissue

- Areolar, adipose, and reticular
- --Dense connective tissue
  - Dense regular, dense irregular, and elastic
- --Cartilage
  - Hyaline, fibrocartilage, and elastic cartilage
- --Bone tissue
- --Liquid connective tissue
  - Blood and lymph

#### **Embryonic Connective Tissues**

A. Mesenchyme

Description: Consists of irregularly shaped mesenchymal cells embedded in a semifluid ground substance that contains reticular fibers.

*Location:* Under skin and along developing bones of embryo; some mesenchymal cells are found in adult connective tissue, especially along blood vessels.

Function: Forms all other types of connective tissue.



- ➤ Irregularly shaped cells
- > In semifluid ground substance with reticular fibers
- Gives rise to all other types of connective tissue



Star-shaped cells in jelly-like ground substance
 Found only in umbilical cord

#### Mature Connective Tissues

#### LOOSE CONNECTIVE TISSUE

A. Areolar connective tissue Description: Consists of fibers (collagen, elastic, and reticular) and several kinds of cells (fibroblasts, macrophages, plasma cells, adipocytes, and mast cells) embedded in a semifluid ground substance.

Location: Subcutaneous layer deep to skin; papillary (superficial) region of dermis of skin; lamina propria of mucous membranes; and around blood vessels, nerves, and body organs.

Function: Strength, elasticity, and support.



### Most widely distributed in the body

> Contains several types of cells and all three fibers

#### **B.** Adipose tissue

Description: Consists of adipocytes, cells specialized to store triglycerides (fats) as a large centrally located droplet; nucleus and cytoplasm are peripherally located.

Location: Subcutaneous layer deep to skin, around heart and kidneys, yellow bone marrow, and padding around joints and behind eyeball in eye socket.

*Function:* Reduces heat loss through skin, serves as an energy reserve, supports, and protects. In newborns, brown adipose tissue generates considerable heat that helps maintain proper body temperature.



- Peripheral nuclei due to large fat storage droplet
- Deeper layer of skin, organ padding, yellow marrow
- Reduces heat loss, energy storage, protection
- Brown fat found in infants has more blood vessels and mitochondria and responsible for heat generation

#### LOOSE CONNECTIVE TISSUE

#### C. Reticular connective tissue

Description: A network of interlacing reticular fibers and reticular cells.

*Location:* Stroma (supporting framework) of liver, spleen, lymph nodes; red bone marrow, which gives rise to blood cells; reticular lamina of the basement membrane; and around blood vessels and muscles.

Function: Forms stroma of organs; binds together smooth muscle tissue cells; filters and removes worn-out blood cells in the spleen and microbes in lymph nodes.



- Network of fibers & cells that produce framework of organ
- > Holds organ together (liver, spleen, lymph nodes, bone marrow)

#### DENSE CONNECTIVE TISSUE

D. Dense regular connective tissue **Description:** Extracellular matrix looks shiny white; consists mainly of collagen fibers regularly arranged in bundles; fibroblasts present in rows between bundles.

*Location:* Forms tendons (attach muscle to bone), most ligaments (attach bone to bone), and aponeuroses (sheetlike tendons that attach muscle to muscle or muscle to bone).

Function: Provides strong attachment between various structures.



- Collagen fibers in parallel bundles with fibroblasts between bundles of collagen fibers
- White, tough and pliable when unstained (forms tendons)
- Also known as white fibrous connective tissue

#### Mature Connective Tissues

#### DENSE CONNECTIVE TISSUE

E. Dense irregular connective tissue Description: Consists predominantly of collagen fibers randomly arranged and a few fibroblasts.

*Location:* Fasciae (tissue beneath skin and around muscles and other organs), reticular (deeper) region of dermis of skin, periosteum of bone, perichondrium of cartilage, joint capsules, membrane capsules around various organs (kidneys, liver, testes, lymph nodes), pericardium of the heart, and heart valves.

Function: Provides strength.



- Collagen fibers are irregularly arranged (interwoven)
- Tissue can resist tension from any direction
- Very tough tissue -- white of eyeball, dermis of skin, heart valves



*Description:* Consists predominantly of freely branching elastic fibers; fibroblasts are present in spaces between fibers. *Location:* Lung tissue, walls of elastic arteries, trachea, bronchial tubes, true vocal cords, suspensory ligament of penis, and some ligaments between vertebrae.

Function: Allows stretching of various organs.



Branching elastic fibers and fibroblasts
 Can stretch & still return to original shape
 Lung tissue, aorta, ligament between vertebrae

## **Types of Mature Connective Tissue: Cartilage**

• Cartilage is a dense network of collagen fibers and elastic fibers firmly embedded in chondroitin sulfate

## --Chondrocytes

• Cartilage cells found in the spaces called lacunae

## --Perichondrium

- Covering of dense irregular connective tissue that surrounds the cartilage
- Two layers: outer fibrous layer and inner cellular layer

--No blood vessels or nerves, except perichondrium

#### CARTILAGE

G. Hyaline cartilage

Description: Consists of a bluish-white, shiny ground substance with thin, fine collagen fibers and many chondrocytes; most abundant type of cartilage.

Location: Ends of long bones, anterior ends of ribs, nose, parts of larynx, trachea, bronchi, bronchial tubes, and embryonic and fetal skeleton.

Function: Provides smooth surfaces for movement at joints, as well as flexibility and support.



- Most abundant cartilage in the body
- Bluish-shiny white rubbery substance
- Chondrocytes sit in spaces called lacunae
- > No blood vessels or nerves so repair is very slow
- Reduces friction at joints as articular cartilage

#### H. Fibrocartilage

*Description:* Consists of chondrocytes scattered among thick bundles of collagen fibers within the extracellular matrix. *Location:* Pubic symphysis (point where hip bones join anteriorly), intervertebral discs (discs between vertebrae), menisci (cartilage pads) of knee, and portions of tendons that insert into cartilage. *Function:* Support and fusion.



- Chondrocytes are scattered among bundles of collagen fibers within the extracellular matrix
- ➤ Lack a perichondrium
- Strongest type of cartilage
- Found in intervertebral disc (between vertebrae)

#### Mature Connective Tissues

#### CARTILAGE

I. Elastic cartilage

*Description:* Consists of chondrocytes located in a threadlike network of elastic fibers within the extracellular matrix. *Location:* Lid on top of larynx (epiglottis), part of external ear (auricle), and auditory (eustachian) tubes. *Function:* Gives support and maintains shape.



Elastic fibers help maintain shape after deformations
 Ear, nose, vocal cartilages

# **Body Membrane**

- **Body membranes** are flat sheets of pliable tissue that cover or line a part of the body
  - **1. Epithelial membranes** are a combination of an epithelial layer and an underlying connective tissue layer
  - --Mucous, Serous, and Cutaneous membranes (skin)
  - 2. Synovial membranes (connective tissue membrane)
  - --Lines joints and contains connective tissue but not epithelium 37



- Lines a body cavity that opens to the outside --mouth, vagina, anus etc.
- Epithelial layer is important for the body's defense against pathogens
- Tight junctions between cells
- Mucous is secreted from underlying glands to keep surface moist



- Simple squamous cells overlying loose CT layer
- Squamous cells secrete slippery fluid (serous fluid) for lubrication
- Lines a body cavity that does not open to the outside such as chest or abdominal cavity
- ➤ Examples
  - --pleura, peritoneum and pericardium
  - --membrane on walls of cavity = **parietal layer**
  - --membrane over organs in cavity = **visceral layer**



- Line joint cavities of all freely movable joints
- No epithelial cells---just special cells (synoviocytes) that secrete slippery fluid (synovial fluid)

# **Integumentary System**

- The organs of the inte(whole)gument(body covering)ary system include the skin and its accessory structures including hair, nails, and glands, as well as blood vessels, muscles and nerves
- The integumentary system functions to guard the body's physical and biochemical integrity, maintain a constant body temperature, and provide sensory information about the surrounding environment.
- <u>Dermatology</u> is the medical specialty for the diagnosis and treatment of disorders of the integumentary system.

# **Structure of the Skin**

- The skin (**cutaneous membrane**) covers the body and is **the largest organ** of the body by surface area and weight
- Its area is about 1.5-2 m<sup>2</sup> and weighs 4.5-5kg, about 16% of body weight
- It is 0.5-4 mm thick, thinnest on the eyelids, thickest on the heels; the average thickness is 1-2 mm

# **Structure of the Skin**

- It consists of two major layers:
  - --outer, thinner layer called the **epidermis**, consists of epithelial tissue
  - --inner, thicker layer called the dermis
- Beneath the dermis is a subcutaneous (subQ) layer (also called hypodermis) which attaches the skin to the underlying tissues and organs



# Epidermis

## Four major types of cells:

**Keratinocytes** (90% of the cells)



produce keratin which is a tough fibrous protein that provides protection

### > Melanocytes

produce the pigment **melanin** that protects against damage by ultraviolet radiation

## Langerhans cells

involved in immune responses, arise from red bone marrow

### Merkel cells

function in the sensation of touch along with the adjacent tactile discs

# **Types of Cells in Epidermis**



(a) Keratinocyte



(b) Melanocyte



# Layers of the Epidermis



(b) Photomicrograph of a portion of thick skin

(a) Four principal cell types in epidermis

## Summary of Epidermal Strata

#### STRATUM DESCRIPTION

Basale	Deepest layer, composed of a single row of cuboidal or columnar keratinocytes that contain scattered tonofilaments (intermediate filaments); stem cells undergo cell division to produce new keratinocytes; melanocytes and Merkel cells associated with Merkel discs are scattered among the keratinocytes.
Spinosum	Eight to ten rows of many-sided keratinocytes with bundles of tonofilaments; includes armlike processes of melanocytes and Langerhans cells.
Granulosum	Three to five rows of flattened keratinocytes, in which organelles are beginning to degenerate; cells contain the protein keratohyalin, which converts tonofilaments into keratin, and lamellar granules, which release a lipid-rich, water-repellent secretion.
Lucidum	Present only in skin of fingertips, palms, and soles; consists of three to five rows of clear, flat, dead keratinocytes with large amounts of keratin.
Corneum	Twenty-five to thirty rows of dead, flat keratinocytes that contain mostly keratin.

## Summary of Papillary and Reticular Regions of the Dermis

### REGION DESCRIPTION

- PapillaryThe superficial portion of the dermis (about one-fifth);<br/>consists of areolar connective tissue with thin collagen<br/>and fine elastic fibers; contains dermal ridges that house<br/>capillaries, Meissner corpuscles, and free nerve endings.ReticularThe deeper portion of the dermis (about four-fifths);<br/>consists of dense irregular connective tissue with
  - bundles of thick collagen and some coarse elastic fibers.
    Spaces between fibers contain some adipose
    cells, hair follicles, nerves, sebaceous glands,
    and sudoriferous glands.

Tattooing is a permanent coloration of the skin in which a foreign pigment is injected into the dermis

## (Merocrine) 局泌汗腺 泌離性汗腺

### Comparison of Eccrine and Apocrine Sweat Glands

FEATURE	ECCRINE SWEAT GLANDS	APOCRINE SWEAT GLANDS
Distribution	Throughout skin of most regions of the body, especially in skin of forehead, palms, and soles.	Skin of the axilla, groin, areolae, bearded regions of the face, clitoris, and labia minora.
Location of	Mostly in deep dermis.	Mostly in
secretory portion		subcutaneous layer.
Termination of excretory duct	Surface of epidermis.	Hair follicle.
Secretion	Less viscous; consists of water, ions (Na <sup>+</sup> , Cl <sup>-</sup> ), urea, uric acid, ammonia, amino acids, glucose, and lactic acid.	More viscous; consists of the same components as eccrine sweat glands plus lipids and proteins.
Functions	Regulation of body temperature, waste removal, and stimulated during emotional stress.	Stimulated during emotional stress and sexual excitement.
Onset of function	Soon after birth.	Puberty.

Comparison of Thin and Thick Skin			
FEATURE	THIN SKIN	THICK SKIN	
Distribution	All parts of the body except areas such as palms and palmar surface of digits, and soles.	Areas such as the palms, palmar surface of digits, and soles.	
Epidermal thickness	0.10–0.15 mm (0.004–0.006 in.).	0.6–4.5 mm (0.024–0.18 in.).	
Epidermal strata	Stratum lucidum essentially lacking; thinner strata spinosum and corneum.	Thick strata lucidum, spinosum, and corneum.	
Epidermal ridges	Lacking due to poorly developed and fewer and less-well-organized dermal papillae.	Present due to well- developed and more numerous dermal papillae organized in parallel rows.	
Hair follicles and arrector pili muscles	Present.	Absent.	
Sebaceous glands	Present.	Absent.	
Sudoriferous glands	Fewer.	More numerous.	
Sensory receptors	Sparser.	Denser.	

## **Clinical Application: Psoriasis & Skin Grafts**

• *Psoriasis* (*psora* "itch" + -*sis* "action, condition") is a chronic skin disorder (autoimmune disease) characterized by a more rapid division and movement of keratinocytes through the stratum basale in the epidermis

--cells shed in 7 to 10 days as flaky silvery scales

--abnormal keratin produced

• Skin Grafts



- --New skin can not regenerate if stratum basale and its stem cells are destroyed
- --autograft: covering of wound with piece of healthy skin from self
- --isograft is from twin
- --autologous skin: transplantation of patient's skin after it has grown in culture

# **Clinical Application: Burns**

- Destruction of **proteins** of the skin
  - chemicals, electricity, heat
- Problems that result
  - shock due to water, plasma and plasma protein loss
  - circulatory & kidney problems from loss of plasma
  - bacterial infection
- Two methods for determining the extent of a burn are the **rule of nines** and the **Lund-Bowder method**

## **Clinical Application: Pressure Sores**

## • Pressure ulcers = decubitus ulcers

- caused by a constant deficiency of blood to tissues
- Areas affected is skin over bony prominence in bedridden patients
- the deficiency of blood flow results in tissue ulceration.
- Preventable with proper care



# **Functions of Skin**

- Regulation of body temperatureBlood reservoir
- Protection
- •Cutaneous sensations
- •Excretion (400 ml of water/day)and absorption (lipid soluble substances )
- Synthesis of vitamin  $D_3$  (calcitriol)